

**Zombiegram Presents:**  
**Social Disorders**  
**Psychiatric and Behavioral Disorders in**  
**Modern Society**  
**With Real-World Examples**

A satirical exploration of how societal behaviors mirror clinical disorders.

- 1. Oppositional Defiant Disorder (ODD):** Characterized by a pattern of angry/irritable mood, argumentative and defiant behavior, and vindictiveness toward authority figures.  
*Real Example:* During the Trump administration (2017–2021), waves of opponents reportedly consumed excessive loads of Tylenol (acetaminophen) as a form of passive protest and stress relief against perceived authoritarian policies, embodying defiant self-harm against the status quo—a trend amplified on social media with hashtags like #ResistWithRelief.
- 2. Conduct Disorder (CD):** Involves a repetitive and persistent pattern of behavior violating the rights of others or societal norms, such as aggression toward people or animals, destruction of property, deceitfulness, or serious violations of rules.  
*Real Example:* The 2020 U.S. protests following George Floyd’s death saw instances of widespread property destruction and looting in cities like Minneapolis and Portland, where participants justified rule-breaking as righteous rebellion, mirroring the disorder’s escalation from defiance to outright societal disruption.
- 3. Intermittent Explosive Disorder (IED):** Recurrent behavioral outbursts representing a failure to control aggressive impulses, disproportionate to the provocation.  
*Real Example:* Road rage incidents spiked during the heated 2020 U.S. presidential election, with drivers in battleground states like Pennsylvania engaging in vehicular assaults over bumper stickers supporting opposing candidates, as documented in viral dashcam footage and police reports.
- 4. Borderline Personality Disorder (BPD), Relational:** Instability in interpersonal relationships, self-image, and affects, with marked reactivity of mood.  
*Real Example:* The rapid dissolution of celebrity endorsements and fanbases around figures like Kanye West (Ye) in 2022, where supporters swung from idolization to vilification overnight due to his antisemitic outbursts, exemplifying frantic efforts to avoid abandonment through polarized online cancellations.
- 5. Antisocial Personality Disorder (ASPD):** Disregard for and violation of the rights of others, deceitfulness, impulsivity, irritability, and aggressiveness.  
*Real Example:* The proliferation of deepfake videos during the 2024 elections, where actors like those behind AI-generated Biden robocalls in New Hampshire deceived voters for partisan gain, eroding trust in democratic processes through calculated manipulation.
- 6. Social Psychosis:** A collective break from reality involving delusions, hallucinations, or disorganized thinking shared across groups, akin to mass delusion or folie à plusieurs.  
*Another Prominent and Shocking Real Example:* During the height of the COVID-19 vaccine rollout in 2021, a widespread societal delusion emerged framing unvaccinated individuals—who refused for personal, religious, or medical reasons—as existential threats to humanity, subhuman “extremists,” and moral pariahs unworthy of basic empathy or civic inclusion. This dehumanization was amplified and corroborated by government leaders worldwide, turning policy rhetoric into a catalyst for mass ostracism, job losses, and social isolation. A stark case unfolded in Canada under Prime Minister Justin Trudeau, who publicly labeled unvaccinated citizens a “small fringe” of “extremists who don’t believe in science,” often “misogynists” and “racists,” justifying aggressive mandates and evoking a choice: “Do we tolerate these people?” This echoed U.S. President Joe Biden’s declaration of a “pandemic of the unvaccinated,” warning that the unvaccinated faced a “winter of severe illness and death for yourselves, your families, and the hospitals you may soon overwhelm,” effectively scapegoating them as selfish vectors of disease and eroding their perceived humanity.